

Lodge Lane Memory Care Activity Calendar

May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<ul style="list-style-type: none"> 10:30a Daily Wake Up with Coffee 11a Snack & Hydration 11:30a Fitness with Sean 2:30p Stroll 2:45p Short Story: "Flower Mart Adventure" 3p Cooking Class: Ham & Cheese Sandwich 3:30p Snack & Hydration 4p Water Painting 	<ul style="list-style-type: none"> 10:30a Daily Chronicle & Weather Report 10:45a Falling Leaves 11:15a iSpy: Spring Cleaning 11:30a Snack & Hydration 12p Tongue Twisters 2:30p Walking Art Tour 2:45p Poetry 3:15p Nursery Rhymes 3:30p Snack & Hydration 4p Sorting Files: By Type 	<p>CINCO DE MAYO</p> <ul style="list-style-type: none"> 10:30a Morning Starter 10:45a Cinco de Mayo Trivia 11a Snack & Hydration 11:30a Fitness with Sean 2:30p Walking Club 2:45p Breathing Exercises & Relaxing Music 3:30p Snack & Hydration 4p Playing the Maracas 	<ul style="list-style-type: none"> 10:30a Wake Up Call & Debrief 10:45a Swimming Strokes 11:15a Facts About Elephants 11:30a Snack & Hydration 12p Weather or Not 2:30p Musical March 2:45p Mother's Day Jokes 3:15p Reminiscing About Our Mothers 3:30p Snack & Hydration 4p Mother's Day Crafts 	<ul style="list-style-type: none"> 10:30a Seated Exercise 11:30a Snack & Hydration 12p Daily Chronicle & Weather Report 2:30p Relaxing Afternoon in the Garden 3:30p Snack & Hydration 4p Sing Along
10	11	12	13	14
<ul style="list-style-type: none"> 10:30a Daily Wake Up with Coffee 11a Snack & Hydration 11:30a Fitness with Sean 2:30p Stroll 2:45p Short Story: "The Laundry Thief" 3p Cooking Class: Trail Mix 3:30p Snack & Hydration 4p Making Leaf Bouquets 	<ul style="list-style-type: none"> 10:30a Daily Chronicle & Weather Report 10:45a Dance Class 11:15a Charades 11:30a Snack & Hydration 12p Chat Pack 2:30p Walking Art Tour 2:45p Balloon Toss 3:15p Traditional American Folk Songs 3:30p Snack & Hydration 4p Sorting Files: By Color 	<ul style="list-style-type: none"> 10:30a Morning Starter 10:45a Spelling Bee 11a Snack & Hydration 11:30a Fitness with Sean 2:30p Walking Club 2:45p Relaxing Music & Hand Massages 3:30p Snack & Hydration 4p Rolling Yarn Into Balls 	<p>NATIONAL APPLE PIE DAY</p> <ul style="list-style-type: none"> 10:30a Wake Up Call & Debrief 10:45a Core Exercises 11:15a Facts about Apples 11:30a Snack & Hydration 12p Counting Apples 2:30p Musical March 2:45p Repeat the Rhythm 3:15p Group Story Telling 3:30p Snack & Hydration 4p Old Sayings & Proverbs 4:30p Popping Bubbles 	<ul style="list-style-type: none"> 10:30a Seated Exercise 11:30a Snack & Hydration 12p Daily Chronicle & Weather Report 2:30p Relaxing Afternoon in the Garden 3:30p Snack & Hydration 4p Sing Along
17	18	19	20	21
<p>NATIONAL GRADUATION TASSEL DAY</p> <ul style="list-style-type: none"> 10:30a Daily Wake Up with Coffee 11a Snack & Hydration 11:30a Fitness with Sean 2:30p Stroll 2:45p Short Story: "The Mysterious Knitter" 3p Cooking Class: Twizzler Tassels 3:30p Snack & Hydration 4p Tassel Making 	<ul style="list-style-type: none"> 10:30a Daily Chronicle & Weather Report 10:45a Boxing Class 11:15a iSpy: Spa Day 11:30a Snack & Hydration 12p What Time Is It? 2:30p Walking Art Tour 2:45p Poetry 3:15p Nursery Rhymes 3:30p Snack & Hydration 4p Sorting Files: By Size 	<ul style="list-style-type: none"> 10:30a Morning Starter 10:45a Finish the Phrase 11a Snack & Hydration 11:30a Fitness with Sean 2:30p Walking Club 2:45p Breathing Exercises & Relaxing Music 3:30p Snack & Hydration 4p Rolling Up Ribbon 	<ul style="list-style-type: none"> 10:30a Wake Up Call & Debrief 10:45a Walking Around the Neighborhood 11:15a Facts About Popcorn 11:30a Snack & Hydration 12p Word Unscramble 2:30p Musical March 2:45p Jokes and Riddles 3:15p Mad Libs 3:30p Snack & Hydration 4p Bible Verses & Prayers 4:30p Blowing Bubbles 	<ul style="list-style-type: none"> 10:30a Seated Exercise 11:30a Snack & Hydration 12p Daily Chronicle & Weather Report 2:30p Relaxing Afternoon in the Garden 3:30p Snack & Hydration 4p Sing Along
24	25	26	27	28
<ul style="list-style-type: none"> 10:30a Daily Wake Up with Coffee 11a Snack & Hydration 11:30a Fitness with Sean 2:30p Stroll 2:45p Short Story: "Jayden's Green Thumb" 3p Cooking Class: Pizza 3:30p Snack & Hydration 4p Group Art Project: Wind Chimes 	<ul style="list-style-type: none"> 10:30a Daily Chronicle & Weather Report 10:45a Seated Exercise 11:15a Home Object Uses 11:30a Snack & Hydration 12p Would You Rather? 2:30p Walking Art Tour 2:45p Balloon Toss 3:15p Traditional American Folk Songs 3:30p Snack & Hydration 4p Sorting Files: Picture vs Word Documents 	<ul style="list-style-type: none"> 10:30a Morning Starter 10:45a Family Feud 11a Snack & Hydration 11:30a Fitness with Sean 2:30p Walking Club 2:45p Relaxing Music & Hand Massages 3:30p Snack & Hydration 4p Organizing Office Supplies 	<ul style="list-style-type: none"> 10:30a Wake Up Call & Debrief 10:45a Flexibility Exercises 11:15a Facts About Dogs 11:30a Snack & Hydration 12p Name 10 2:30p Musical March 2:45p "I Love Lucy" 3p Tea Party 4p Finding the Rhythm 4:30p America's Funniest Home Videos 	<ul style="list-style-type: none"> 10:30a Seated Exercise 11:30a Snack & Hydration 12p Daily Chronicle & Weather Report 2:30p Relaxing Afternoon in the Garden 3:30p Snack & Hydration 4p Sing Along
31	1	2	3	4
<p>MEMORIAL DAY</p> <ul style="list-style-type: none"> 10:30a Daily Wake Up with Coffee 10:45a Origins of Memorial Day 11a Snack & Hydration 11:30a Fitness with Sean 2:30p Stroll 2:45p Patriotic Quotes 3p Cooking Class: Red, White, & Blue Parfaits 3:30p Snack & Hydration 4p Patriotic Music 4:30p Finish the Patriotic Song Lyric 			<p>ASPECTS OF WELLBEING</p> <ul style="list-style-type: none"> Physical Cognitive Social Sensory & Rhythm Emotional, Reminiscent, & Spiritual Creative & Artistic Purposeful 	
		<i>Activities are subject to change.</i>		